Gnanakshi
Sri Rajarajeswari Prasanna

NECTAR FROM HEART

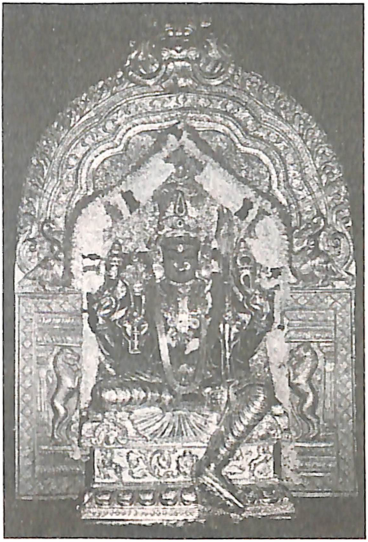
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Gnanakshi Sri Rajarajeswari



His Holiness Jagadguru
Sri Sri Sri Tiruchi Maha Swamiji

PREFACE

Life is vast: no one can measure its treasure and pressure. Even though there are no visible roads in air journey or sea voyage, one travels through with the help of a compass. Similarly, one can negotiate in the journey of life through yoga and meditation.

In this atomic age, it is very difficult for man to get at this real image because scientific discoveries and inventions have thrown out innumerable temptations and made him a savage of desires. His life voyage is full of mirage and bondage. He can still make his life an interesting page by leading a righteous life and inward Communion.

By providing moral-ethical-spiritual fervour to his life, one can get peace perpetual and

attain good mutual understanding with all beings Knowledge and science of outer life have their own limitations and end up in competition and confusion without any consolation and solution to our day to day problems.

Through the sparks presented in this book, culminated during his meditation, Revered Swamiji has provided nectar to every sadhak or seeker after truth. This book is like a boundless ocean teeming with priceless gems. 'The deeper you dive, the more treasures you find', exhorts Swamiji.

We are grateful to poojya Swamiji for permitting us to publish this book and hope to bring out many more of them, with his blessings.

Our respectful salutations to the lotus feet of Sri Gnanakshi Rajarajeshwari and Swamiji.

— **Publisher**

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NECTAR FROM HEART

Glory of Mother Supreme

Mother Supreme is the greatest ruler
To Her you should surrender
She keeps you happier than ever
Day and night Her lotus feet remember
Events cannot deter
She removes all kinds of temper
She drives thoughts deeper than ever
Which one cannot measure
All things go with you proper
She gives you super power
In life all things happen in your favour
Mother is the only grace giver
Worship and take Her shelter.

Thrill of life

How to avoid evil?
Firstly parents' wish fulfil
Then obey guru's will
These make evil nil
Then heart with pleasure fill
Life becomes a thrill.

Essence of Life

Bring in life moral principle
Life will become very simple
In life you can achieve ample
You can also become a great example
Otherwise life will be Jungle
Entaglements make you jumble
Then life looks like battle
Problems take their own time to settle
Failures will make your heart like metal.

Life's Secret

Compassion Sympathy you cultivate
Desires and troubles will mitigate
Devotion will vibrate
You can understand life's secret.

Agony and Harmony

Think and sink in good company
You can attain perfect harmony
Also in life you can achieve so many
Bad company is your real dead enemy
That puts you in deep agony.

Theme of life

How to make our life sweet and neat
Who wont make harm or hate
Really his fate is fortunate
And he is very great
Peaceful things he can create
Virtue and merit he will accumulate
His duty would be apt and accurate.

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Aim of Education

Education is meant for Dedication and
And to attain salvation
Not to fulfil selfish ambition
Knowledge is only for modification
And to do Bad and Evil's eradication
This is the higher mission.

Charm in Charity

One who gives charity
He will get mental clarity
Which helps to perform precise duty
Duty provides beauty
Beauty brings purity
Purity makes for equality
And equality is real spirituality.

Virtuous Deeds

Perform righteous deeds
Which decrease your greed
And remove your desire seed
Seekers of God you feed
God's grace will fill your need

Blissful Life

Human being has a particular meaning
Not merely earning and enjoying
Must have to start in moral training
Which leads to spiritual shining
Then in life one can get good
understanding.

Materiality and Morality

Morality honesty Sincerity
Lead one to prosperity
He enjoys life's sanctity
Materiality leads to uncertainty
Day to day increases vanity
Demands lot of penalty
Always there is fight for dignity
No question of integrity unity
Lastly life ends in futility.

Scripture

Life has lot of fracture
Always desires will capture
Very often lot of puncture
Also there is lot of torture
So divert your attention to scripture
Then mind will mature
And you will have bright future.

Check senses
attain silence

He who controls senses by spiritual fence
Will be filled with eminence
He will avoid nuisance
And never do things which are nonsense
He who knows proper control of sense(s)
With proportion of commonsense
Would attain divine silence.

Eloquence of Yoga

If you want to become fantastic
Learn yoga technique
You will become dynamic
Way of life looks like magic
No question of tragic
Everything becomes picnic
Without yogic tonic
Life catches lot of septic.

Physical binding - Yogic training

Physical joy demands cash
Here one cannot fulfil senses wish
Enjoyment is a flash
Here arises all kinds of clash
From that life becomes smash
In yoga mind you push
Your desires yoga will crush
Also Body and mind will become fresh
Then physical mental joy will rush.

Yogic Eulogy

Yoga who practices everyday
His mind will become steady
And his life will be a comedy
Enjoys nice melody
Finds for every problem remedy
He eats daily nice candy
One who neglects life ends in tragedy
And he will become a needy greedy
Cannot understand body
Drinks lot of toddy
And becomes always moody.

Benefits from yoga

O mighty man yoga you learn
Desires it will burn
Also to spiritual living your mind will turn
Devotion will dawn.

To avoid Sorrow Make Yoga an arrow.

Yoga one should follow
One's desires it will swallow
Makes one's life hallow
Otherwise in life progress becomes slow
Character will remain low
Comes blow after blow
Life becomes very narrow
And ends in sorrow.

Man is Light

Man's birth is to attain light
You have got spiritual might
Use it day and night
Struggle to get insight
And make your life bright
That is your birth-right
Then only life becomes all right.

Human magnanimity

The existence of humanity
Is meant to attain Divinity
That is the aim of ritualistic formality
Which reduces materiality and vanity
Then in life there is no question of
scarcity
Your body itself will be a vessel of
sanctity.

Solution lies in Devotion

Seek self-realization
Which alone gives you emancipation
Others bring you only passion
Put you in great commotion
From that arises wrong notion
Then life will be full of confusion
So fill your life with devotion
It results in evolution.

Hobby and Hazy

How to make life easy?
Worship Japa Meditation make your hobby
They remove all thoughts shabby
Make your mind like that of a baby
And keep you always happy
Otherwise life becomes just crazy
And it makes you lazy
Also your living becomes hazy.

Avoid frustration-Have total satisfaction

What is your intention?
Why are you taking tension tension ?
To attain power position possession !
This is not life's mission and
determination
These lead only to confusion and pollution
Here you will get only temptation
Then what is the solution?
How to avoid frustration?
Realize life's limitation
Cultivate devotion and meditation
Which remove your agitation hesitation
And provide total satisfaction.

Material septic
Spiritual tonic

The man of spirituality
Knows the value of sincerity
In him lives ever purity
Materiality is full of vanity
His life has no clarity
He cannot understand Humanity
Misunderstanding puts him in perplexity
And increases his anxiety
His life becomes full of uncertainty.

God's manifestation
Realise through meditation

Birth and Death are not our decision
God has made firm determination
To each and every creation
Not for any confusion
Understand life's formation
Collect correct information
Make it confirmation
By your right vision
Meditation leads to contemplation
Brings out life's real application
Otherwise there is suffocation.

Mind you clip
Enjoy life's trip

You have not put a clip
There-by mind in desires does dip
Grief and sorrow you cannot slip
But in life God's name if you sip
Your problems will nip
Then you feel life is a trip.

Nectar of all religions.

Man is born to give
Not to receive
Man is born to perceive
Not to deceive
Man is born to attain
Not merely to sustain.

Life's summary
Retain in your memory

One who expects respect
Will lose life's aspect
Will never be able to introspect
And make people certainly suspect.
Who will his own mind inspect
In life he can avoid many a defect
He would attain good prospect
Also he would make his life very perfect.

Life the beautiful

Life is very short
Open your heart
You will know what is your part
Understand life's purport
For good cause you should put effort
God will give support
And provide you with comfort.

Sound life

See around; full of bound
Each likes to make wound
So make moral spiritual background
Enjoy life's play ground
Truly life is holy
Make it jolly.

Mind - How to tame

One who expects name and fame
Must have to face blame and shame
This is nature's game
If you want real joyful stream
Name and fame don't dream
Life will then be full of cream.

Real life

Man is born not merely to eat meal
He has valuable deal
To realise his soul his goal
Who will maintain this zeal
In life joy peace he will feel
Other than soul, were he to sail
Life will become a big jail.

Achievement and Commitment

How to become eminent and prominent
Joy peace how to make permanent
In life how to avoid transient
Make devotion discipline duty your ornament
They will bless with real attainment
enlightment
You will be a God's compliment
Miss them, in life arises ailment
Problems take their own time for
settlement
And life ends in commitment.

Attaining landmark

Desire ego ignorance park a man in dark
Spoil his life and work
Yoga Meditation remove their jerk
And give to life good mark
Also fill life with divine spark
By which one can attain landmark.

Melody from Self

Always one's own mind who will study
He will get all kinds of remedy
Who can make his mind steady
In him no question of partiality
Ever he shows generosity liberty.

Spirituality speaks.

Materiality leave aside
In spirituality you abide
It removes your pride
And knowledge will become wide
From that you can cross life's tide.

Be an angel

While in birth and death you are single
In the middle why do you like to mingle
which makes you ever entangle
If you be single
One day or other you will become an
angel.

Taste the toast

In life if man has no spiritual taste
Really his whole life is waste
Whose life consists of lust
He eats day and night crust
Whose mind in desires rust
Day by day he will become worst
His troubles will then burst
So God you must trust
You can enjoy the toast.

Grandeur of God's grace

In God's feet take shelter
Life looks for you very much better
Joy and grief hurt you never
Bliss lives with you for ever
In your mind God's name smear
God always stands with you near
He removes your tear and fear
And makes life for you very dear.

Ether and Nether

In this world what is the important
matter?
To God one must always surrender
And selfless service one should render
Which gives him everlasting pleasure
Regarding this world, if you bother
Blows of thunder make you blunder
Happiness and peace you cannot gather
Master of death will lead you to slaughter

Be a flower

God is super
He has all kinds of power
To Him you should surrender
Always His name you should remember
In life all things will go in your favour
Then your life will become a flower.

Lack of peace

Why man is making lot of expense?
Because he is doing more offence
He is not realising essence
And is losing common sense
He is engaging always in violence
Depending merely on science
Spending most of his time in romance
On God his is complete negligence
He keeps his affairs in suspense
He thus becomes a licence holder of nuisance
His mind is always in dance
To get peace for him no chance.

Eternal peace

Who will do sincere service, prayer
His life surely will become tender
To him come thoughts deeper
Always he feels charming cheer
No question of blunder and thunder
Things that happen are full of wonder
In life who will these two prefer
He will not suffer
Sooner or later he will become Super.

Sublimity of spirit

Body, mind are not our asset
Man's true asset is his Spirit
Whoever realises this will enjoy merit
In living he finds real exit
God will bless him to attain summit.

Man Divine

A man of Divinity
Is always full of clarity
Clarity acquires quality
Quality leads to sincerity
Sincerity brings in purity
Purity generates affinity
Then man enjoys life's sanctity.

Spirituality

If you want real peace
Spirituality you should embrace
All problems one can face
Also humanity one would be able to trace
To a man it is God's grace.

Material defect and Divine effect

Materiality creates many a liability
Which destroys mental physical vitality
And washes off man's quality and sanctity
It increases the desire's velocity
And day by day you have to pay penalty
Lastly life ends in calamity
Then what is in life originality ?
Her Glorious deed you sing
Always Divine name in mind you bring
Happiness prosperity will spring
Spiritual devotion will ring
Then you can lead life like a king.

Material pressure
Magnanimous Treasure

No use of simply dabbling in materiality
Here man loses vitality potentiality
Day by day he has to pay penalty
Life goes on creating liability after liability
And he loses his real personality
Lastly life ends in misery and anxiety
The purpose of birth is to attain divinity
Life's real prosperity lies in magnanimity
Which provides to life simplicity
Simplicity leads to nobility and loyalty
Which would help to attain liberty
That is the real human entity.

Soul leads to silence
Others bring in violence

Do you know life's sole and whole ?
who will understand his soul
His life becomes peaceful
Otherwise, in life there will be fall
Living attracts lot of foul
Also, you will become a great fool
Lastly you will become mere nature's tool.

Vital role of life

On this earth
What for this birth?
Who understands forthwith
His life becomes very worth
Otherwise his life attracts filth
And he loses health and wealth
Senses to enjoy correctly organise
Time in Yoga utilise
Mind you stabilise
In life God you realise
Happiness remains with you always
Then only you will attain paradise.

Theme and aim of marriage

In life marriage has pleasure pain
Mind must have to train
To sustain and maintain
Otherwise, life ends in strain and vain
Married life is not merely for earning and enjoying
Much earning brings craving
That affects day to day living
Which ends in burning
Then life is difficult driving
If you want real understanding
Divinity charity if you bring
Health happiness prosperity will spring
Life will be full of shining.

Marriage is a mirage

Man can certainly manage without
marriage
Here God also will encourage
Life becomes an interesting page
How can I explain this stage
Each has his own image
Certainly you must have prestige
Remove barrage and gain courage.

Tie and die

Suffering why?
There is a lot of cry
Peoples' hearts are dry
They cannot enjoy even blue sky
In desires they are in tie
Morning evening telling many a lie
For their own mistakes, never feeling shy
These things making them die.

Nature is a great teacher

Early morning and evening observe greenish
Evil things will vanish
Cultured thoughts will cherish
To mind it is good polish
Lust anger pride will perish
Delusion illusion it will demolish
And selfish character will extinguish
Love friendship and affection will flourish.